

Remarks of High Commissioner at fourth IYD 2018- 16 June 2018

H.E Prof. Issac F Adewole, Federal Minister of Health represented by Mrs.Etta Jeanette Nelson, Director in Ministry of Health,

H.E. Mr Edward Kallon, UN Resident Coordinator and UNDP Resident Representative;

President of ICA Mr Sudharsan Reddy and Prez of IWA Mrs Meeta Saxena;

Mr Akshay Jain from Art of Living, Ms.Anara and Mr. Basant, Toga teachers,

Yoga lovers and enthusiasts,

Friends from Media

Dear Children from Nigerian school

Ladies and Gentlemen

Allow me to welcome you all to the celebrations of the 4th International Day of Yoga.

Before I proceed further, we have the Message of Hon'ble Prime Minister of India H.E. Mr. Narendra Modi on this occasion.....

Thank you.

Hon'ble Prime Minister of India Shri Modi has said it all on how to make Yoga part of everyone's life.

Excellencies, Friends,

Soon after the completion of the Yoga session, we will be inaugurating the first-ever Photo exhibition in Abuja on Yoga.. Renowned photographer Benoy K Behl from India and Mrs. Shanta Roy based in Abuja have contributed these photographs for this exhibition. I wish to thank Mrs Shanta Roy for curating the photo exhibition, which will remain on display open from coming Monday to Sunday 18 to 24 June. You are most welcome to visit it soon after the Yoga session.

Friends,

This year Yoga Day is special for the Indian High Commission. For the first time, Indian High Commission has commenced **Yoga Classes**. Mr. Alok Chandra Ranjan, Yoga professional and expert, deputed by the ICCR, has started conducting classes three days in week on every Wednesday, Friday and Saturday. We are in the process of fine tuning the timing of the classes to make them most convenient to the yoga practitioners. Please follow our FB and TWITTER for

updates. Mr Alok is also conducting **Hindi and Sanskrit classes**. I encourage all those interested to take advantages of these classes.

Another event of interest for members of the Indian community is **Bharat Ko Janiye Online Quiz** contest to be held in three stages -First stage from 21 to 23 June to be organized by the Indian High Commission... We are doing an open house on 19 June in the High Commission at 4 pm. for the benefit of those keen to register. There is an age limit- 18 to 35 years.. Pl visit the website www.bharatkojaniye.in for all the details.. Do meet us on 19 June in the High Commission for registration.

Friends,

The next **Pravasi Bharatiya Divas will be held in Varanasi from 21-23 January 2018** in reverence to the sentiments of overseas Indian community to attend Kumbh Mela in Allahabad and the Republic Day on 26 Jan in New Delhi. The theme this year will be 'Role of Indian Diaspora in building a New India'. I encourage members of the Indian community to register online for this event.

I wish to convey my sincere appreciation to the Federal Ministry of Health and to the UN Resident Coordinator H.E Mr Edward Kallon for sparing their valuable time and joining us for this event.

I also wish to thank the sponsors Skipper Group; Simba Group, and Chivita. I also thank in advance Mr Akshay Jain from Art of Living Nigeria, Yoga teachers Ms. Anara, Mr. Basant and numerous yoga guides who will be making the next 45 min a memorable yoga experience for all of us...I also convey my deep appreciation to our High Commission team ably led to DHC Subhash, and to our Cultural Attache Mr Vinod Kumar, and our Nigerian staff members for making the arrangements.

Thank you.

B.N.Reddy
High Commissioner of India to Nigeria
(Concurrently accredited to Benin, Cameroon and Chad)
Abuja